

# Activity Calendar

*At Vineyard, we grow purposeful communities that make a positive impact on both people and our planet. This translates into a continuum of personalized care, thoughtful programming, and customized activities that aim to engage, inspire and elevate your loved one's life at every stage.*

## RESIDENT EXPERIENCE PROGRAMMING

**THOUGHTFUL** - We strive to make a positive impact on our living community, the greater community and the people therein which is why we develop initiatives that encourage your loved one to interact and take part.

**HEALTHFUL** - With a more thoughtful approach to care, community, activities and even dining, we continue to evolve our efforts to offer a healthier - and happier - lifestyle.

**RECREATIONAL** - Our wide range of recreational activities and purpose-built amenities provides your loved one with the freedom and flexibility to get more out of every day, safely.

**INTELLECTUAL** - We foster new skills and old hobbies that lead to a higher level of engagement and personal growth.

**VITAL** - We believe that a purposeful life starts with physical, spiritual, social and emotional experiences with those around you and our programs and activities are developed to offer just that.

**ENVIRONMENTAL** - We remain committed to a cleaner, greener and more prosperous community both on and off our properties and invite you to join us in leaving everything better than we found it.

### Sunday

7:00-9:00 Breakfast  
 9:00 Making Strides  
 10:00 Hometown News  
 10:30 Devotional Hymns  
 11:15 Walk to Dine  
 11:30-1:00 Lunch  
 1:00 Aromatherapy Spa  
 2:00 Entertainment Hour  
 3:00 Afternoon Delights  
 4:00 Garden Club  
 4:15 Walk to Dine  
 4:30-6:00 Dinner  
 6:00 Household Helpers  
 6:30 Card Making  
 7:00 Puzzles  
 7:30 Board Games  
 8:00 Movie Classics  
 9:00 Night Striders

### Monday

7:00-9:00 Breakfast  
 9:00 Making Strides  
 9:30 Morning Motivation  
 10:00 Morning Movement  
 10:30 Music & Melodies  
 11:15 Walk to Dine  
 11:30-1:00 Lunch  
 1:30 Cards for Military  
 2:00 Movement Therapy  
 3:00 Baking Bread  
 3:30 Coupon Club  
 4:15 Walk to Dine  
 4:30-6:00 Dinner  
 6:00 Household Helpers  
 7:00 Postcard Travels  
 8:00 Movie Classics  
 9:00 Night Striders

### Tuesday

7:00-9:00 Breakfast  
 9:00 Making Strides  
 9:30 Hometown News  
 10:00 Morning Movement  
 10:30 Music & Melodies  
 11:15 Walk to Dine  
 11:30-1:00 Lunch  
 1:30 Artist Corner  
 2:00 Reading with First Graders  
 2:30 BINGO  
 3:00 Baking Surprise  
 4:00 Garden Club  
 4:15 Walk to Dine  
 4:30-6:00 Dinner  
 6:00 High School Choir  
 7:00 Clay Creations  
 8:00 Movie Classics  
 9:00 Night Striders

### Wednesday

7:00-9:00 Breakfast  
 9:00 Making Strides  
 9:30 Catholic Service  
 9:30 Chair Tai Chi  
 10:30 Music & Melodies  
 11:15 Walk to Dine  
 11:30-1:00 Lunch  
 1:30 Jenga  
 2:00 Pet Therapy  
 3:00 Ice Cream Social  
 4:00 Balloon Volleyball  
 4:15 Walk to Dine  
 4:30-6:00 Dinner  
 6:00 Household Helpers  
 7:00 My Hometown  
 8:00 Movie Classics  
 9:00 Night Striders

### Thursday

7:00-9:00 Breakfast  
 9:00 Making Strides  
 9:30 Hometown News  
 10:00 Morning Movement  
 10:30 Music & Melodies  
 11:15 Walk to Dine  
 11:30-1:00 Lunch  
 1:00 Dancing w/Parkinson's  
 1:30 Artist Corner  
 2:30 BINGO  
 3:00 Baking Cookies  
 4:00 Garden Club  
 4:15 Walk to Dine  
 4:30-6:00 Dinner  
 6:00 Household Helpers  
 7:00 Mini Manicures  
 8:00 Movie Classics  
 9:00 Night Striders

### Friday

7:00-9:00 Breakfast  
 9:00 Making Strides  
 9:30 Church Service  
 9:30 Morning Motivation  
 10:00 Morning Movement  
 10:30 Music & Melodies  
 11:15 Walk to Dine  
 11:30-1:00 Lunch  
 1:30 Table Tennis  
 2:00 Music Therapy  
 3:00 Snack Making  
 4:00 Happy Hour Social  
 4:15 Walk to Dine  
 4:30-6:00 Dinner  
 6:00 Household Helpers  
 7:00 Reminisce Moments  
 8:00 Classic Movies  
 9:00 Night Striders

### Saturday

7:00-9:00 Breakfast  
 9:00 Making Strides  
 10:00 Hometown News  
 10:30 Morning Movement  
 11:15 Walk to Dine  
 11:30-1:00 Lunch  
 1:30 Bible Study  
 2:00 Classic Matinee  
 2:30 Bird Watching & Afternoon Drive  
 3:00 Afternoon Delights  
 4:00 Guess Who?  
 4:15 Walk to Dine  
 4:30-6:00 Dinner  
 6:00 Household Helpers  
 6:30 Wii Sports  
 7:30 Puzzles  
 8:00 Movie Classics  
 9:00 Night Striders