

# Activity Calendar

*At Vineyard, we grow purposeful communities that make a positive impact on both people and our planet. This translates into a continuum of personalized care, thoughtful programming, and customized activities that aim to engage, inspire and elevate your life at every stage.*

## RESIDENT EXPERIENCE PROGRAMMING

**THOUGHTFUL** - We strive to make a positive impact on our living community, the greater community and the people therein which is why we develop initiatives that encourage you to interact and take part.

**HEALTHFUL** - With a more thoughtful approach to care, community, activities and even dining, we continue to evolve our efforts to offer a healthier - and happier - lifestyle.

**RECREATIONAL** - Our wide range of recreational activities and purpose-built amenities provides you with the freedom and flexibility to get more out of every day, safely.

**INTELLECTUAL** - We foster new skills and old hobbies that lead to a higher level of engagement and personal growth.

**VITAL** - We believe that a purposeful life starts with physical, spiritual, social and emotional experiences with those around you and our programs and activities are developed to offer just that.

**ENVIRONMENTAL** - We remain committed to a cleaner, greener and more prosperous community both on and off our properties and invite you to join us in leaving everything better than we found it.

### Sunday

**9:30 am**  
Walk & Talk

**10:00 am**  
Coffee & News

**10:30 am**  
Worship

**1:00 pm**  
Corn Hole Tournament

**1:30 pm**  
Brain Buzz Trivia

**2:00 pm**  
Communion

**2:30 pm**  
Scrabble Competition

**4:00 pm**  
Music Trivia

**7:00 pm**  
Evening Movie

### Monday

**9:30 am**  
Walking Club

**10:00 am**  
Get Fit

**10:30 am**  
Outing - Ferry Boat Ride

**11:00 am**  
Gardening Club

**1:00 pm**  
WII Bowling

**2:00 pm**  
Family Feud

**3:00 pm**  
Painting with Twist

**4:00 pm**  
Happy Hour

**4:00 pm**  
Men's Group

**6:00 pm**  
Jenga

**7:00 pm**  
Evening Movie

### Tuesday

**9:30 am**  
Walking Club

**10:00 am**  
Stretching Group

**11:00 am**  
Bible Study

**1:00 pm**  
Art Club

**2:00 pm**  
Do you Remember

**3:00 pm**  
Ice Cream Social

**4:00 pm**  
Happy Hour

**4:00 pm**  
Book Club

**6:00 pm**  
Uno

**7:00 pm**  
Evening Moving

### Wednesday

**9:30 am**  
Walk & Talk

**10:00 am**  
Stretch & Flex

**11:00 am**  
Lunch Outing

**11:00 am**  
Horseshoes

**1:00 pm**  
Bridge Group

**1:30 pm**  
The Price is Right

**2:30 pm**  
Scrabble Competition

**3:30 pm**  
Corn Hole

**4:00 pm**  
Happy Hour

**4:00 pm**  
Bird Watchers Club

**6:00 pm**  
Puzzle Time

**7:00 pm**  
Evening Movie

### Thursday

**9:30 am**  
Walking club

**10:00 am**  
Chair Tai Chi

**11:00 am**  
Gardening Club

**1:00 pm**  
Chefs Cooking Demo

**1:30 pm**  
Boogle

**2:00 pm**  
Wii Bowling

**3:00 pm**  
Brain Buzz

**4:00 pm**  
Happy Hour with Entertainment

**6:00 pm**  
Veterans Group

**7:00 pm**  
Evening Movie

### Friday

**9:30 am**  
Walking Club

**10:00 am**  
Chair Yoga

**11:00 am**  
Let's Make a Deal

**1:00 pm**  
Name that Face

**1:30 pm**  
Rummy Group

**2:00 pm**  
Afternoon of Shopping

**2:00 pm**  
Corn Hole

**3:00 pm**  
Jenga

**4:00 pm**  
Happy Hour

**5:00 pm**  
Diners Club Outing

**6:00 pm**  
Music Trivia

**7:00 pm**  
Evening Movie

### Saturday

**9:30 am**  
Walk & Talk

**10:00 am**  
Strength Training

**11:00 am**  
Painting with a Twist

**1:00 pm**  
Rummy O

**2:00 pm**  
Reminiscing

**3:00 pm**  
Afternoon Piano Enjoyment

**4:00 pm**  
Chorus Club

**6:00 pm**  
Family Feud

**7:00 pm**  
Evening Movie