


# "ThankFULL"

# November 2023

\*All activities/times are subject to change at any time.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Dining Schedule</b> <b>Breakfast Served: 8AM- 9AM</b> <b>Lunch Served: 12PM-1PM</b> <b>Dinner Served: 4:30PM- 5:30PM</b>			<b>ALL SAINT'S DAY</b> 1 9:30AM Morning Workout 10:15AM Crafts & DIY Projects 11AM Bean bag toss 1:30PM Chair Yoga 2PM Bakery Break 3PM Manicures 4PM Hand Massages 7PM Music Relaxation	<b>ALL SOULS DAY</b> 2 9:30AM Morning Workout 10:15AM Group Painting 11AM Hangman board game 1:30PM Word search puzzles 2PM Bakery Break – Deviled Egg Day 3PM Mix & Mingle 4PM Aromatherapy 7PM Coloring	<b>SANDWICH DAY</b> 3 9:30AM Morning Workout 10:15AM Therapy Dog Visit 11AM Ball Toss / Patriotic Crafts 1:30PM Coloring 2 PM Bakery Break – Make your own sandwich 3PM Showtime / Gratitude Tree 7PM Wind-Down Socializing	<b>BOOK LOVERS &amp; CANDY DAY</b> 4 9:30AM Morning Workout 10:15AM BINGO & Candy 11AM Name that tune 1:30PM Reading Club 2PM Bakery Break 3PM BOOKFLIX: Mowgli 4PM Talking Points 7PM Puzzles
<b>DONUT DAY</b> 5 9:30AM Morning Workout 10:15AM Group Games 11AM Trivia 1:30PM Afternoon Stretch 2PM Bakery Break 3PM Manicures 4PM Hand Massages 7PM Coloring	<b>NACHO DAY</b> 6 9:30AM Morning Workout 10:15AM Weekly Good News Report 11AM Yahtzee 1:30PM Reading Club 2PM Bakery Break 3PM Balloon Toss 4PM Karaoke Fun 7PM Puzzles	7 9:30AM Prayers, Communion & Rosary- St. Thomas More Catholic Church 10:15AM Morning Workout/Ball Toss 1:30PM Mini Golf 2PM Bakery Break 3PM Autumn Tree Q-tip painting 4PM Name that tune 7PM Music Therapy	<b>8</b> 9:30AM Morning Workout 10:15AM Leaf Suncatcher Craft 11AM Ring Toss 1:30PM Music Appreciation 2PM Bakery Break 3PM BINGO 4PM Resident's Choice 7PM Leisure Activities	<b>9</b> 9:30AM Morning Workout 10:15AM Sunflower Painting 11AM Move & Groove 1:30PM Afternoon Stretch 2PM Bakery Break – Pumpkin Pie 3PM Arts & Crafts / Black Jack 4PM Word search puzzles 7PM Courtyard Stroll	<b>10</b> 9:30AM Morning Workout 10:15AM Therapy Dog Visit 11AM I Am Thankful For... Gratitude jars 1:30PM Dancing & Socializing 2PM Bakery Break & Recipes 3PM Showtime & Trivia 7PM Music Relaxation	<b>VETERANS DAY</b> 11 9:30AM Morning Workout 10:15AM Group Games 11AM Mix & Mingle 1:30PM National Sundaes Day 2PM Veterans Day Celebration Live Music by Denise Clemente 4PM Outdoor Social 7PM Puzzles
<b>12</b> 9:30AM Morning Workout 10:15AM Catch & Throw 11AM Blackjack / Card Games 1:30PM Afternoon Stretch 2PM Bakery Break 3PM Board game of choice 4PM Mix & Mingle 7PM Wind-Down Socializing	<b>CAREGIVER APPRECIATION &amp; WORLD KINDNESS DAY</b> 13 9:30AM Morning Workout 10:15AM Weekly Good News Report 11AM Football Toss 1:30PM Mix & Mingle 2PM Bakery Break – Happy Hour 3PM Manicures 4PM Music Relaxation 7PM Leisure Activities	<b>14</b> 9:30AM Prayers, Communion & Rosary- St. Thomas More Catholic Church 10:15AM Morning Workout / BINGO 1:30PM Trivia 2PM Bakery Break 3PM Turkey Craft: Mini flowerpots 4PM Hand massages 7PM Puzzles	<b>15</b> 9:30AM Morning Workout 10:15AM Fall Leaf Crafts 11AM Mini Golf / Balloon toss 1:30PM Group Reading 2PM Bakery Break 3PM Manicures 4PM Aromatherapy 7PM Courtyard Stroll	<b>LIVE MUSIC BY LOU DE MEIS</b> 16 9:30AM Morning Workout 10:15AM Painting paper craft 11AM Bean Bag toss 1:30PM Music Appreciation 2PM Entertainment- Lou De Meis 3PM Jewelry Making 4PM Brain Teasers 7PM Puzzles	<b>HOMEMADE BREAD DAY</b> 17 9:30AM Morning Workout 10:15AM Therapy Dog Visit 11AM Group games 1:30PM Afternoon Stretch 2PM Bakery Break – Happy Hour 3PM Showtime & Trivia 7PM Coloring	<b>18</b> 9:30AM Morning Workout 10:15AM Rock Painting 11AM Gardening 1:30PM Chair Yoga 2PM Bakery Break 3PM Manicures 4PM Resident's Choice 7PM Wind-Down Socializing
<b>MEN'S DAY</b> 19 9:30AM Morning Workout 10:15AM Balloon Toss 11AM Yahtzee 1:30PM Afternoon Stretch 2PM Bakery Break 3PM Men's Club/ Blackjack 4PM Music Relaxation 7PM Meditation	<b>CAKE DAY</b> 20 9:30AM Morning Workout 10:15AM Weekly Good News Report 11AM Parachute 1:30PM Music Appreciation 2PM Bakery Break – Cake decorating 3PM Bingo 4PM Word search puzzles 7PM Courtyard Stroll	<b>21</b> 9:30AM Prayers, Communion & Rosary- St. Thomas More Catholic Church 10:15AM Morning Workout / Trivia 1:30PM Mini Golf 2PM Bakery Break 3PM Manicures 4PM Aromatherapy 7PM Coloring	<b>22</b> 9:30AM Morning Workout 10:15AM Ball Toss / Ring Toss 11AM Gardening 1:30PM Gratitude game 2PM Bakery Break 3PM MOVIE 4PM Reading Club 7PM Puzzles	<b>THANKSGIVING DAY</b> 23 9:30AM Morning Workout 10:15AM Mix & Mingle 11AM SPA DAY 1:30PM Karaoke fun 2 PM Eat, drink & be thankful.  3PM Thanksgiving fun facts 4PM Aromatherapy 7PM Music Therapy	<b>24</b> 9:30AM Morning Workout 10:15AM Therapy Dog Visit 11AM Games / Gardening 1:30 PM Chair Yoga 2PM Bakery Break 3PM Showtime & Trivia 7PM Courtyard Stroll	<b>PARFAIT DAY</b> 25 9:30AM Morning Workout 10:15AM BINGO 11AM Guessing Game 1:30PM Group Reading 2PM Bakery Break – Fruit Parfait 3PM Manicures 4PM Outdoor Social 7PM Wind-down Socializing
<b>26</b> 9:30AM Morning Workout 10:15AM Ring Toss 11AM Table Games 1:30PM Afternoon Stretch 2PM Bakery Break 3PM Brain Teasers 4PM Puzzles 7PM Courtyard Stroll	<b>27</b> 9:30AM Morning Workout 10:15AM Weekly Good News Report 11AM Bean Bag toss 1:30PM Afternoon Stretch 2PM Bakery Break 3PM Table Games 4PM Aromatherapy 7PM Wind-down Socializing	<b>FRENCH TOAST DAY</b> 28 9:30AM Prayers, Communion & Rosary- St. Thomas More Catholic Church 10:15AM Morning Workout / Ring Toss 1:30PM Group Reading 2PM Bakery Break – French Toast 3PM Manicures 4PM Trivia 7PM Music Therapy	<b>29</b> 9:30AM Morning Workout 10:15AM Group Games 1:30PM Football Toss 2PM Bakery Break 3PM Jewelry Making 4PM Mix & Mingle 7PM Coloring	<b>DAY OF GIVING</b> 30 9:30AM Morning Workout 10:15AM Rock Painting 11AM Catch & Throw 1:30PM Chair Yoga 2PM Bakery Break – Happy Hour 3PM Flower Arranging 4PM Leisure Activities 7PM Music Relaxation		